



TIMNATH

Cubs Basketball

Weekly

November 13 - 18, 2023

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It's the first official week on the basketball season! This week will be a busy one as we have Tryouts, the first official practices, important meetings, the PSD Challenge and finally, exhibition games at Berthoud. We are encouraged by such tremendous attendance at last week's Mini Camp. The players brought positive energy and enthusiasm and it is obvious that many have worked hard to improve since last season... plus several have grown a lot too!

Let's get off to a great start this week. Go Cubs!

~Coach Gus

Tryouts

Monday, 11/13 & Tuesday, 11/14: 6:00 – 8:00 p.m.

We plan to fill three teams within the program this season: Varsity, Junior Varsity, and a C-Team. With exhibition games scheduled for Saturday, November 17, it is important for us to work through Tryouts quickly and get right into practice and game preparation the week of November 13. For that reason, we will hold Tryouts on just two days, Monday, 11/13 and Tuesday, 11/14. These sessions will be an opportunity for the coaches to collect measurable skill-related data on each potential student-athlete. Additionally, much of the Tryouts will be treated like 'regular' practices and players will be evaluated on effort, execution, coachability, etc. Cuts may be necessary depending on participation numbers. Required practices for those that make the team will continue Wednesday, 11/15.

Gold Cards and Equipment

EACH PLAYER MUST HAVE A GOLD CARD FROM THE ATHLETIC OFFICE PRIOR TO PARTICIPATING IN TRYOUTS.

This is an absolute requirement. No gold card, no participation effective 11/13. Please make sure to get physicals, updated, pay the fees and be ready to hit the floor. Click the image to go to the sports registration webpage.

Also, for those that make a team, we request a payment of \$150 for basketball gear that each player will keep. This will include travel gear, a Nike Dri-Fit shirt, and a backpack for those who do not already have one. Please click below:



WINTER SPORTS REGISTRATION

Be ready to take action

- 1** PSD Online Registration through Sports Engine after October 23rd
- 2** Pay Athletic Participation Fee through School Pay
*make sure you're in the TMHS Fee List
- 3** Submit your current Physical & receive your Gold Card at the TMHS Athletic Office
High School Athletes--starting October 30th
Middle School Athletes--Boys Basketball, get them now!
*Girls Basketball starting December 19th
*Wrestling starting December 19th



tmh.psdschools.org/athletics/sports-registration

What should players bring to Tryouts?

In addition to shoes and basketball clothes, each player should bring his own water bottle, a jump rope, and a notebook to practice daily. A reversible jersey and shorts will be issued after teams have been determined.

What are acceptable shoe colors?

When getting shoes for basketball season, the program has no brand preference. However, we do have color preferences. Please avoid shoes with colors that do not match those of our school or uniforms like red, pink, green, orange, etc. Of course, preferred colors include white, gray, navy, true blue, and yellow/gold.

After Tryouts

The first official week of the season will be hectic from a schedule standpoint. Please note these events and times, then stay current with the Band for changes:

Practices:

Wednesday, 11/15: 4:15 – 6:15 p.m.
Thursday, 11/16: 6:30 a.m. – 8:00 a.m.
Friday, 11/17: Equipment Checkout: 5:30 p.m.
 Practice: 6:00 – 8:00 p.m.

PSD Challenge: @ Rocky Mountain HS

Thursday, 11/16: 6:00 – 9:00 p.m.

[Tickets \\$5](#)

Varsity level high school players from around PSD will be nominated by coaches to participate in a variety of fun events (Hot Shot, 3-Pt Contest, Skills Challenge, Dunk Contest) at Rocky Mountain High School on Thursday, 11/16 (thus the morning practice that day).

Exhibition Games @ Berthoud HS:

C: 12:00 p.m. JV: 1:30 p.m. Varsity: 3:00 p.m.

Depart TMHS: 10:45 a.m.

Winter Sports Parent-Athlete Meeting & NCAA Recruiting Presentation:

Parents & players should plan to attend the Parent-Athlete Meeting as this is when we will discuss program policies, lettering requirements, fundraising and other important items. All are encouraged to stay for a recruiting presentation, especially if interested in pursuing athletic opportunities at the collegiate levels.

